



Friends of the Saratoga Libraries

February
2010

A Taste of Two Worlds, Diana Chan, Feb. 3

February's Breakfast Club (Wed. 3rd at 10 a.m.) meeting will host Diana Chan, the author of *Easy n' Healthy Cooking: A Practical Guide to Chinese, Western and Fusion Recipes* which focuses primarily on healthy Chinese cooking but also includes Western recipes for a tasty blend of both worlds. Diane was featured in a recent *View From the Bay* television show where she gave a cooking demonstration. Diana will be presenting a cooking demonstration for us also, as well as answering questions.

Diana was born in Shanghai, and grew up in Hong Kong and Brazil. In Brazil she enjoyed observing her family's chef in the kitchen. Her idea for her book began when her son and her son and daughter-in-law began asking for a few recipes for beginners. During the three years it took to write the book she

realized she had enough 30-minute recipes as well as gourmet recipes that would appeal to both beginning and experienced cooks. She did most of the photography and all the illustrations in the book which emphasizes healthy cooking using lean meats, abundant vegetables and very little oil. There are many vegetarian dishes, low-fat entrées and desserts that will delight health-conscious cooks... Chef Lawrence Chu wrote the forward; he and Martin Yan both are acknowledged for their suggestions and



Diana Fong Chan
Chinese, Fusion, and Western

contributions. Chan's book was given a prize by Books for Better Living Now. Diana's lifelong career was not in the food industry but as an educator of young children. She graduated from Boston University and was director of the south Boston Head Start programs. Later she worked with high school drop-outs and Vietnam Vets. She lives in Los Altos Hills with her engineer husband, Steve.

They have two grown children who both live in New York City. Chan's book will be available for sale and autographs and she will have some of her tasty recipes for us to try as well.

Silicon Valley Reads Events

Michael Pollan's nonfiction book, *In Defense of Food: An Eater's Manifesto* is the 2010 selection. His kick off event will be held at the Campbell Heritage Theatre January 27th at 7:30 pm. Chef Martin Yan will be at the Saratoga Library on Feb 12th at 7 pm.

The two companion children's books are: *Tops and Bottoms* by Janet Stevens and *The Seed Folk* by Paul Fleischman. Check out the wide variety of events surrounding Pollan's book, including other appearances by Pollan, Martin Yan, Janet Stevens and many other authors, nutritionists and chefs at this site.

<http://www.siliconvalleyreads.org/2010-11/calendar.asp#saratoga>

Members' Discount at Book-Go-Round in March

To celebrate the 27th birthday of the Book-Go-Round Friends of the Saratoga Library members will receive a discount from March 14th-20th. Mail in your membership or go online at www.fslonline.org to renew or join before March 1. Membership envelopes are also available at the BGR and at the Saratoga Library.

Good Luck, Barbara, From All Your Library Friends

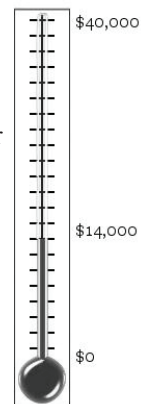
Barbara Morrow Williams, Saratoga community librarian, is leaving this month for a new job as city librarian in Monterey Park. This gives her an opportunity to use her many gifts in a new and challenging setting as well as to spend more time with her family who reside in southern California. She will be sorely missed. Her many contributions during her two years with us are greatly appreciated by all.

Membership Drive Results

Please join today and help us reach our goal.

Help Wanted

Make a difference in our community by helping to keep our library strong. Saratoga Friends is looking for a treasurer, someone to help enter membership information and someone to be in charge of bulk mail. If you are interested please email president@fslonline.org.



Friends of the Saratoga Libraries

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Book-Go-Round NEWS

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Sunday-Friday: Noon - 5 pm

Saturday: 10 am - 5 pm

PROCEEDS BENEFIT THE SARATOGA LIBRARY

When in the Saratoga Library visit our
Library Café Bookstore
with Bargain Books section
Open during library hours
Mon & Tues 1-9; Wed & Thurs 10-9;
Fri & Sat 10-6; Sun 1-5

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DVD SALE - DVD SALE during JANUARY

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• SARATOGA LIBRARY COMMUNITY ROOM •

Saturday 10:00 - 6:00 25 cents each

Sunday 11:00 - 5:00 \$3 grocery bag full



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Looking ahead to March:

Auction of Special Books;

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